

## The *Seasoned* Chefs



Leon and Kay McGowan are “The Seasoned Chefs”

We Pride ourselves on making food from the heart and soul. All American BBQ and Soul food with a twist. We love to take traditional recipes and put our culinary touches on them. We love working with local farmers and farms, Hillbilly Farms and Mauro Produce, just to mention a few.

Our Menu ranges from” Slow roasted pot roast to a shrimp po boi”

We always source locally as much as possible! Leon works for Aspen point Café.

Together we are the head chefs at The Iron Springs Chateau in manitou.

I grew up on the Outer Banks of North Carolina (southern soul food & coastal seafood) and Leon grew up in the Midwest Indianapolis (BBQ) and together we merge our styles and Make The seasoned chefs